



GROUP SCHEDULE

386 STANLEY STREET 508-679-5222

Week of November 18, 2024 – November 22, 2024

# Groups will be held remotely over Zoom via video chat.



**Group sign up is open 24 HOURS PRIOR TO GROUP and will close 30 MINUTES BEFORE THE GROUP START TIME or when the Group is FULL (Max of 12 participants per group)**

- Please have the app downloaded on your smartphone before the group begins.
- For Zoom groups you **MUST** call our main number to register for group, for IN-PERSON groups you **DO NOT** need to call ahead.
- You will be sent a link to join within 30 minutes of group start time. This will be sent to you via text.
- 15 minutes before the group *click that link* and you will be joined into the group over Zoom.

	Group Topic	Clinician	Room
<b>Monday, November 18</b>			
1:00-2:00	To Bet or Not To Bet <b>***BACK IN ACTION***</b>	Mike, CADC	Library
3:30-4:30	Valorizate Mujer <i>*Spanish speaking women only</i> <b>***POSTPONED UNTIL FURTHER NOTICE***</b>	Diana, MA	Zoom
<b>Tuesday, November 19</b>			
10:00-11:00	🧘 Anxiety Management <b>***POSTPONED UNTIL FURTHER NOTICE***</b>	Nicole, LCSW	Remote
1:00-2:00	Staying Sober <b>***PLEASE ADVISE TIME HAS CHANGED***</b>	Mike, CADC	Library
1:00-2:00	Anger Management <b>*IN PERSON*</b> <b>*Screening must be done before admission to group</b>	Nicole, <u>LCSW</u>	Rm. 43
1:00-2:00	Stop the Chaos <b>***BACK IN ACTION***</b>	Mike, CADC	Library
5:00-6:00	Anger Mangement <b>*IN PERSON*</b>	Nicole, LCSW	Rm.43
<b>Wednesday, November 20</b>			
9:30-11:00	Domestic Violence 101 <i>*women only</i>	Jennifer L, MA	Remote
1:00-2:00	Parenting/Nuturing Program Group <b>*IN PERSON*</b> Topic: <i>Safety &amp; Protecting Children</i> <i>*semi closed group</i> <b>*screening must be done before admission to group</b>	Nicole, LCSW	Boardroom
2:00-3:00	Tobacco Cessation Group	Mike, CADC	Rm. 37
3:00-4:30	DBT Skills Group <i>*20-week closed group</i> <b>*Screening must be done before admission to group*</b> Contact Becky at ext. 1501	Rebecca, LMHC,ATR	Rm. 37
<b>Thursday, November 21</b>			
10:30-11:30	Staying Sober <b>*On Thursdays this group is only being offered remotely via Zoom*</b> <b>***PLEASE ADVISE TIME HAS CHANGED***</b>	Mike, CADC	Remote
3:30-4:30	Empoderate Mujer <i>*Spanish speaking women only</i>	Diana, MA	Rm. 37




**GROUP SCHEDULE**

**386 STANLEY STREET 508-679-5222**

**Week of November 18, 2024 – November 22, 2024**

<b>5:00-7:00</b>	<b>DBT Skills Group Evening *20-week closed group</b>	<b>Theresa, LICSW</b>	<b>Remote</b>
	<b>*Screening must be done before admission to group*</b>	<b>Nicole, LCSW</b>	

 This symbol indicates a group treatment for people who experience anxiety.

***IOP Substance is being offered in person again, MONDAY – FRIDAY.  
For any questions regarding IOP please contact Theresa Kosch at ext. 1515.***

***IOP MH NOW opened in person MONDAY – FRIDAY  
For any questions regarding MH IOP Contact Rebecca DeJesus at ext. 1501***

***For all inquiries regarding screening into the DBT Graduate Group, please contact  
Rebecca DeJesus at ext. 1501.***

*Thank you!*



*Scan QR Code for Group Schedule*