



GROUP SCHEDULE

386 STANLEY STREET 508-679-5222

Week of January 25, 2021 – January 29, 2021

Groups will be held remotely over Zoom via video chat.



Group sign up is open 24 HOURS PRIOR TO GROUP and will close 1 HOUR BEFORE THE GROUP START TIME or when the Group is FULL (Max of 12 participants per group)

- Please have the app downloaded on your smartphone before the group begins.
- You **MUST** call into our main number to sign up for any groups.
- You will be sent a link to join within one hour of group start time. This will be sent to you via text.
- 15 minutes before group **click that link** and you will be joined into the group over Zoom.

	Group Topic	Clinician	
Monday, January 25			
9:00-10:00	Stop the Chaos	Mike, CADC	Remote
9:30-10:30	Suboxone & Vivitrol Group <i>*Medicated Assisted Therapy (MAT) clients only</i>	Autumn, LICSW	Remote
11:00-12:00	Anger Management *screening must be done before admission to group	Michael, MSW	Remote
12:30-1:30	Parenting/Nurturing Program Group Topic: <i>Setting Boundaries</i> <i>*semi closed group</i> *screening must be done before admission to group	Michael, MSW	Remote
1:00-2:00	To Bet or Not To Bet	Mike, CADC	Remote
6:00-8:00	Portuguese Driver's Program <i>*Portuguese speaking only</i>	Sandra, LICSW	Remote
Tuesday, January 26			
11:00-12:00	Staying Sober	Mike, CADC	Remote
1:00-2:00	Life on Life's Terms	Mike, CADC	Remote
2:00-3:00	<i>Clinicians attend a meeting each Tuesday at this time So clinical services are suspended for the hour.</i>		
3:30-4:30	DBT Graduate Group <i>*closed group</i> *contact Julie for screening before admission to group	Julie, LICSW	Remote
4:00-5:00	Empoderate Mujer <i>*Spanish Speaking women only</i>	Diana, MA	Remote
6:00-7:00	Tips and Tools for Emotional Wellbeing <i>*closed group</i>	Sandra, LICSW	Remote
Wednesday, January 27			
10:30-12	Domestic Violence 101 <i>*women only</i>	Mary, MA	Remote
10:00-11:00	 Therapeutic Music for Stress Reduction <i>*women only</i>	Florine, PhD	Remote
11:00-12:00	Skills for Change	Mike, CADC	Remote
12:30-1:30	Parenting/Nuturing Program Group Topic: <i>Setting Boundaries</i> <i>*semi closed group</i> *screening must be done before admission to group	Michael, MSW	Remote
2:00-3:00	Tobacco Cessation Group	Mike, CADC	Remote
4:00-5:00	Vencer El Miedo <i>*Spanish speaking only</i>	Diana, MA	Remote
2:30-4:30	DBT Skills Group <i>*20-week closed group</i>	Julie, LICSW	Remote
6:00-7:30	SSTAR'S Family Support Group <i>*open to non-clients</i>	Marie, CAI	Remote



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Thursday, January 28

9:30-10:30	Tobacco Cessation Group	Mike, CADC	Remote
10:00-11:00	Suboxone & Vivitrol Group *MAT clients only	Autumn, LICSW	Remote
11:00-12:00	Anger Management *screening must be done before admission to group	Michal, MSW	Remote
1:00-2:00	To Bet or Not To Bet	Mike, CADC	Remote
5:00-7:00	DBT Skills Group Evening *20-week closed group	Kim, LMHC MT-BC	Remote

Friday, January 29

9:30-10:30	Skills for Change	Autumn, LICSW	Remote
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 This symbol indicates a group treatment for people who experience anxiety.
*Medication Assisted Treatment (MAT)

***IOP will be available remotely on MONDAYS, WEDNESDAYS & FRIDAYS.
For any questions regarding IOP please contact Kristine at ext. 3700.***

***For all inquiries regarding screening into the DBT Graduate Group, please contact
Julie Sanders at ext. 1505***

Thank you!

Getting Started with Zoom Links

[*Getting Started IOS*](#)

[*Getting Started Android*](#)

[*Getting Started Windows & Macs*](#)

[*SSTAR Zoom Landing Page*](#)