



GROUP SCHEDULE

386 STANLEY STREET 508-679-5222

Week of November 22, 2021 – November 26, 2021

Groups will be held remotely over Zoom via video chat.



Group sign up is open 24 HOURS PRIOR TO GROUP and will close 30 MINUTES BEFORE THE GROUP START TIME or when the Group is FULL (Max of 12 participants per group)

- Please have the app downloaded on your smartphone before the group begins.
- You **MUST** call into our main number to sign up for any groups.
- You will be sent a link to join within 30 minutes of group start time. This will be sent to you via text.
- 15 minutes before group *click that link* and you will be joined into the group over Zoom.
- **ANNOUNCEMENT!! Starting July 12th Mike Rodrigues groups ONLY, will be held on site. You MUST reserve a spot by registering for group at least 30 minutes prior to group start time. There will be only 7 spots available per group. Registering MUST be done exclusively by phone. To register call our main number and ask to speak to front desk staff. We will NOT register anyone in person. If you are registered for a group, you will not be allowed into the agency until 10 minutes before group starts. Masks MUST be worn the entire duration of group. NO babysitting services will be available.**

	Group Topic	Clinician	Room
Monday, November 22			
11:00-12:00	Stop the Chaos	Mike, CADC	Classroom
12:30-1:30	Parenting/Nurturing Program Group Topic: <i>Setting Boundaries</i> *semi closed group *screening must be done before admission to group	Michel, MSW	Remote
1:00-2:00	To Bet or Not To Bet	Mike, CADC	Classroom
2:00-3:00	Vencer El Miedo *Spanish speaking only	Diana, MA	Remote
3:00-4:00	Pregnancy & emotional Wellbeing <i>*Pregnant women only</i>	Aileen, LCSW	Remote
6:00-8:00	Portuguese Driver's Program	Sandra, LICSW	Remote
Tuesday, November 23			
11:00-12:00	Staying Sober	Mike, CADC	Boardroom
12:30-1:30	Anger Management *screening must be done before admission to group	Michael, MSW	Remote
1:00-2:00	Life on Life's Terms	Mike, CADC	Boardroom
2:00-3:00	<i>Clinicians attend a meeting each Tuesday at this time So clinical services are suspended for the hour.</i>		
4:00-5:00	DBT Graduate Group *closed group *contact Julie for screening before admission to group	Julie, LICSW	A-11
	Empoderate Mujer *Spanish Speaking women only	Diana, MA	Remote
6:00-7:00	Tips and Tools for Emotional Wellbeing *closed group	Sandra, LICSW	Remote

Wednesday, November 24



GROUP SCHEDULE

386 STANLEY STREET 508-679-5222

Week of November 22, 2021 – November 26, 2021

9:30-11:00	Domestic Violence 101 <i>*women only</i>	Jennifer, MA	Remote
11:00-12:00	🌀 Therapeutic Music for Stress Reduction <i>*women only</i>	Florine, PhD	Remote
11:00-12:00	Skills for Change	Mike, CADC	Classroom
12:30-1:30	Parenting/Nuturing Program Group *group cancelled Topic: <i>Managing Stress</i> <i>*semi closed group</i> *screening must be done before admission to group	Michael, MSW	Remote
2:00-3:00	Tobacco Cessation Group	Mike, CADC	Classroom

**3:00 PM THANKSGIVING EVE OUTPATIENT SERVICES
CLOSING AT 3:00**

Thursday, November 25

THANKSGIVING DAY – AGENCY CLOSED

Friday, November 26

**THANKSGIVING HOLIDAY – AGENCY CLOSED
OPIATE TRAIGE CENTER WILL BE OPEN 9:00 – 1:00**

🌀 This symbol indicates a group treatment for people who experience anxiety.

IOP is available remotely MONDAY – FRIDAY.

For any questions regarding IOP please contact Kristine at ext. 3700.

For all inquiries regarding screening into the DBT Graduate Group, please contact Julie Sanders at ext. 1505.

Thank you!

Getting Started with Zoom Links

[*Getting Started IOS*](#)

[*Getting Started Android*](#)

[*Getting Started Windows & Macs*](#)

[*SSTAR Zoom Landing Page*](#)



Scan QR Code for Group Schedule